



Volunteer Sign Up Form

First Central State Bank Crossroads Triathlon Volunteer Sign Up Form

Event Date - Saturday August 2nd, 2008

Please review the options below and email the following information to:
kdragonman@gmail.com

First and Last Name

Telephone Number

Please indicate your preference in size:

Medium

Large

X-Large

Include your first and second preference for the following duties.

- | | | | |
|--------------------------|------|---------------------|-------------------------------------|
| <input type="checkbox"/> | (10) | Race Set Up | 9:00 a.m. Friday August 1st |
| <input type="checkbox"/> | (6) | Parking T1 | Athletes & Spectators |
| <input type="checkbox"/> | (6) | Parking T2 | Athletes & Spectators |
| <input type="checkbox"/> | (8) | Body Markers | Pre Race numbering of athletes |
| <input type="checkbox"/> | (4) | Medical | EMT |
| <input type="checkbox"/> | (10) | Lifeguards | Swim Course |
| <input type="checkbox"/> | (10) | Transition #1 | In / Out / Crowd Control |
| <input type="checkbox"/> | (12) | Transition #1 | Transporting Equipment |
| <input type="checkbox"/> | (2) | Swim Course | Clean up Crew |
| <input type="checkbox"/> | (10) | Transition #2 | In / Out / Crowd Control |
| <input type="checkbox"/> | (2) | Bike Course | Clean up Crew |
| <input type="checkbox"/> | (3) | Bike Course | Marshall / Patrol |
| <input type="checkbox"/> | (5) | Run Course | Aid Station - Existing Transition 2 |
| <input type="checkbox"/> | (5) | Run Course | Aid Station - Mile 1.0 / 2.0 |
| <input type="checkbox"/> | (5) | Run Course | Aid Station - Mile 1.5 |
| <input type="checkbox"/> | (5) | Run Course | Clean up Crew |
| <input type="checkbox"/> | (8) | Finish Line | Timing Chip Collectors |
| <input type="checkbox"/> | (8) | Post Party | Refreshments - Barnes Food Land |
| <input type="checkbox"/> | (10) | Post Race Tear Down | 12:00 noon - Saturday August 2nd |